# Geodesics and Curve Shortening 

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## Section 1

## Geodesics

## Background: Geodesics

## Definition <br> A geodesic is a curve that locally looks like a "straight line". Alternatively, a curve that is locally length minimizing.

Examples:

- straight line segments in Euclidean space
- great circle arcs on the sphere
- this periodic curve on the torus



## Background: Geodesics

## Definition

A geodesic that is also a closed curve is called a geodesic loop.

## Definition

A geodesic loop that is smooth at its endpoints is called a closed (or periodic) geodesic.


## Background: Existence

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## G. Birkhoff (1917) [4]

Every compact surface contains at least one closed geodesic.
G. Thorbergsson (1978) [16], V. Bangert (1980) [2]

Every complete surface of finite area contains at least one closed geodesic.

## Background: Length Bounds

## Question (M. Gromov)

What is the best bound for the length $L$ of a shortest closed geodesic on a Riemannian manifold $M$ in terms of its geometric properties (e.g., $\sqrt[n]{\text { Vol, }}$, diameter, filling radius)?

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We consider $n=2$. When $M$ is compact and not a 2 -sphere, answers in various cases were given by P. Pu, C. Loewner, M. Gromov, J. Hebda, Y. Burago, V. Zalgaller, and others.

## Background: The Sphere

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R. Rotman (2006) [13] $L \leq 4 \sqrt{2 A}$

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The sharp bound is $L \leq 12^{1 / 4} \sqrt{A}$ and is realized by the Calabi-Croke sphere, obtained by gluing two equilateral triangles along their boundary.

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## F. Balacheff (2010) [1], Sabourau (2010) [15]

This conjecture is true "locally", i.e. for metrics close to the Calabi-Croke sphere metric.

## Background: Non-Compact Surfaces

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Can we bound $L$ if $M$ is non-compact (with area $A$ )?

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## Croke (1988) [7]

Suppose $M$ is a complete, orientable surface with finite area $A$ and $n$ ends. Let $l(M)$ be the length of a shortest closed geodesic on $M$.
(1) If $n=1$, then $I(M) \leq 31 \sqrt{A}$.
(2) If $n=2$, then $I(M) \leq(12+3 \sqrt{2}) \sqrt{A}$.
(0) If $n \geq 3$, then $I(M) \leq 2 \sqrt{2 A}$.

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Suppose $M$ is a complete, orientable surface with finite area $A$ and $n$ ends. Let $l(M)$ be the length of a shortest closed geodesic on $M$.
(1) If $n \leq 1$, then $I(M) \leq 4 \sqrt{2 A}$.
(2) If $n \geq 2$, then $I(M) \leq 2 \sqrt{2 A}$.

This is a sharper constant for $n=1$ and $n=2$.

## Non-Compact Surfaces

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## Conjecture (B. \& Rotman (2019)) [3]

The sharp bound is $L \leq 12^{1 / 4} \sqrt{A}$ and is realized by the Calabi-Croke sphere with "cusps" on its vertices.

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The sharp bound is $L \leq 12^{1 / 4} \sqrt{A}$ and is realized by the Calabi-Croke sphere with "cusps" on its vertices.

## Sabourau-Jabbour (2020) [10]

(1) This conjecture is true for $n=3$.
(2) For $n=4$, the sharp bound is $L \leq\left(2 / 3^{1 / 4}\right) \sqrt{A}$ and is realized by a tetrahedron with "cusps" on its vertices.

## Question

What techniques can we use to analyze closed geodesics on a surface?

## Section 2

## Our First Tool: Curve Shortening Algorithms

## The Birkhoff Curve Shortening Process

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The Birkhoff Curve Shortening Process
Given any closed curve $\gamma$ on a compact manifold, we can produce a homotopy $\gamma_{t}$ such that
(1) $\gamma_{0}=\gamma$
(2) $L\left(\gamma_{t_{2}}\right) \leq L\left(\gamma_{t_{1}}\right)$ for all $t_{1}<t_{2}$,
(0) $\gamma_{t}$ either escapes to infinity, shrinks to a point, or converges on a closed geodesic.

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( Homotope $\gamma$ to this new curve.
(0) Repeat the above process, while ensuring that the new chosen points $\gamma\left(t_{i}^{\prime}\right)$ do not coincide with the previous chosen points $\gamma\left(t_{i}\right)$.

## Example: BCSP in the Plane



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## Using the BCSP

Maybe we could find a short curve and try to shorten it until we obtain a short closed geodesic.

## Problem 1

When I shorten a curve, it might collapse to a point (i.e., a trivial closed geodesic).

## Problem 2

When I shorten a curve, it might escape to infinity.
This is bad if every curve is either nullhomotopic or homotopic to a point at infinity, i.e. if $M$ is a sphere with punctures.

## Convexity

One way to control how curves shorten is to "trap" them in convex regions.

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## Definition

A connected region $\Omega$ is called convex if there is some $\epsilon>0$ such that for all $x, y \in \bar{\Omega}$ with $d(x, y)<\epsilon$, the minimizing geodesic segment between $x$ and $y$ lies within $\bar{\Omega}$.

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Lemma
Let $\gamma$ be a curve bounding a region $\Omega$.
(1) If $\gamma$ is a geodesic, $\Omega$ is convex.
(2) If $\gamma$ is a geodesic loop and its inward-facing angle is less than $\pi, \Omega$ is convex.

## Convexity

## Lemma

Let $\Omega$ be a convex region. Let $\gamma \subset \bar{\Omega}$ be a closed curve and let $\gamma_{t}$ be any curve in the homotopy produced by applying the Birkhoff curve shortening process to $\gamma$. Then $\gamma_{t} \subset \bar{\Omega}$.
"Curves cannot escape convex regions when shortened."


## Convexity

Non-compact surfaces with finite area have lots of geodesic loops that we can exploit to control our curve shortening flow.

In fact, every infinite end is contained in a convex set bounded by a "short" geodesic loop.

We will illustrate the case when $M$ is a sphere with two ends $\left(M \simeq S^{1} \times \mathbb{R}\right)$.

## The Two-Ended Case

In this case, there always exists a pair of "short" geodesic loops that share a vertex but bound disjoint, cylindrical, convex regions.


## The Two-Ended Case

## First Idea

Shorten each loop individually.
Either both loops will escape to infinity or we get a short closed geodesics.


## The Two-Ended Case

## Second Idea

Shorten the loop pair as a single curve.
Either the loop will contract to a point or we get a short closed geodesic.


## The Two-Ended Case

If we still haven't found a closed geodesic, then we have covered our entire surface with homotopies of curves.
Combine these three homotopies to make a sphere map $f$ of non-zero degree.


## The Two-Ended Case

## Gromov's Idea: Pseudo-extension

Any attempt to continuously extend a map $f: S^{2} \rightarrow S^{2}$ of non-zero degree to some $\hat{f}: B^{2} \rightarrow S^{2}$ is doomed to fail, because $S^{2}$ is not contractible.

We will now try (in vain) to extend our map $f$.

## Constructing the Pseudo-extension

## Third Idea

Shorten the loop pair as a geodesic net, i.e. a graph with one vertex and two edges.

Critical fact: this loop pair will either contract to a point or converge to a figure-eight closed geodesic.


## Constructing the Pseudo-extension

Supposing we don't get a geodesic, we make a (possibly zero-degree) sphere map for each loop pair in our net shortening homotopy, until our net becomes a point.


## Constructing the Pseudo-extension

This creates an impossible continuous extension of $f$ to the solid ball.


Therefore we must have encountered a short closed geodesic at some point.

## Question

What other contexts can we apply these techniques to?

## Section 3

## Finding Short Closed Geodesics in a Degenerate Metric

## Hamiltonian Systems

Consider on $\mathbb{R}^{n} \times \mathbb{R}^{n}$ the Hamiltonian

$$
\begin{aligned}
& H(p, q)=\frac{1}{2} p^{T} A(q) p+V(q) \\
& A: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n} \times \mathbb{R}^{n} \\
& V: \mathbb{R}^{n} \rightarrow \mathbb{R}
\end{aligned}
$$

with corresponding Hamiltonian system

$$
\begin{aligned}
\dot{p} & =-\frac{\partial H}{\partial q}=-\frac{1}{2} p^{T} \frac{\partial A(q)}{\partial q} p-\frac{\partial V(q)}{\partial q} \\
\dot{q} & =\frac{\partial H}{\partial p}=A(q) p
\end{aligned}
$$

## Hamiltonian Systems

Suppose instead our domain is a Riemannian manifold with metric given by the matrix $\frac{1}{2} A(q)$. Then our Hamiltonian system is equivalent to the equation

$$
\frac{D}{d t} \dot{q}+\nabla V(q)=0
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## Question

Are there periodic solutions to this equation? What do they look like?

## Brake Orbits

Because the Hamiltonian is constant along solution curves, there is a constant $E$ so that

$$
\frac{1}{2}\|\dot{q}\|^{2}+V(q)=E
$$

This is the "energy" of the solution.
Therefore a solution $q$ must lie within $\Omega_{E}=V^{-1}((-\infty, E])$, and $\dot{q}=0$ only on the set $V^{-1}(E)$.

## Brake Orbits

## Definition

A brake orbit is a solution curve $t \mapsto(p(t), q(t))$ with $p(0)=p(T)=0$ for some $T$. Necessarily we have $q(0), q(T) \in V^{-1}(E)$.


## Seifert's Conjecture

If $E$ is a regular value of $V$ and $V^{-1}((-\infty, E])$ is homeomorphic to a disk $D^{n}$, then our system has $n$ distinct brake orbit solutions.

## Question

How can we find brake orbits?

## The Maupertuis Principle

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Solutions of our system in $(M, g)$ with energy $E$ correspond to geodesics $q(t)$ in the metric $\left.g_{E}(x)=(E-V(x))\right) g(x)$.

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## Problem

It is difficult to use this principle to find brake orbits because the metric $g_{E}$ is degenerate (zero) on $V^{-1}(E)$.

## Orthogonal Geodesic Chords

One possible strategy: orthogonal geodesic chords.
Orthogonal Geodesic Chords
Pick "small" $\delta$ and consider the set $\Omega_{\delta}=V^{-1}((-\infty, E-\delta])$ with the metric $g_{E}$. We call a geodesic segment $\gamma$ an orthogonal geodesic chord if

- The endpoints of $\gamma$ lie on $\partial \Omega_{\delta}$.
- $\gamma$ is orthogonal to $\partial \Omega_{\delta}$ at its endpoints.
- $\gamma$ does not intersect $\partial \Omega_{\delta}$ except at its endpoints.


## Orthogonal Geodesic Chords

## Giambó-Giannoni-Piccione 2022 [8]

- In the metric $g_{E}$, there is some $\epsilon>0$ such that for any $0<\delta<\epsilon$ an orthogonal geodesic chord in $\Omega_{\delta}$ can be uniquely extended to a break orbit in $\Omega_{E}$.
- In the metric $g_{E}$ in $n$ dimensions, there are $n$ distinct orthogonal geodesic chords.


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- In the metric $g_{E}$ in $n$ dimensions, there are $n$ distinct orthogonal geodesic chords.

Proof:

- Use a specialized curve shortening flow.
- Count the fixed points of the flow using Lyusternik-Schnirelman theory.


## Question

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Can we apply our curve shortening techniques to find two brake orbits of bounded length in a 2-disk $\Omega_{E}$ ?

## Problems

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## Solution

There is still a number $r>0$ such that any two points of distance at most $r$ can be connected by a unique minimizing geodesic.

## Problems

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If we want to obtain two distinct brake orbits, we will need to ensure that when we shorten curves we do not obtain a pair of the form $\left\{\gamma, \gamma^{2}\right\}$.

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## Solution

Look for simple curves.

## Overview

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(4) If these geodesic loops are distinct, we are done. Otherwise, use Morse theory to find an entire critical-level of geodesic loops.

## Constructing Sweepouts of a Sphere

Step one: find two sweepouts of $\Omega_{E}$ through curves of known length. For example, we could use the following.

Liokumovich-Nabutovsky-Rotman (2015) [11]
Given a 2 -dimensional disk $D$ and any point $q \in \partial D$, there is a sweepout $\gamma_{t}$ of $D$ through loops based at $q$ with $\gamma_{0}=q$, $\gamma_{1}=\partial D$ and

$$
L\left(\gamma_{t}\right) \leq 2 L(\partial D)+664 \sqrt{\operatorname{area}(D)}+2 \operatorname{diam}(D)
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Our first sweepout will be the above, and the second will be $\Gamma(s, t)=\gamma_{t} * \gamma_{s}$.

## Constructing a Monotone Sweepout

Step two: modify these sweepouts to be through simple curves.

## Chambers-Liokumovich (2014) [6]

Given a sweepout of a 2 -sphere $M$ through curves of length at most $L$, it is possible to construct a sweepout of $M$ through simple curves of length at most $L$.

## Disk Flow

Step three: how do we shorten loops without introducing intersections? Our starting point is the following process.

## Hass-Scott (1994) [9]

Given any closed curve $\gamma$ on a compact manifold, we can produce a homotopy $\gamma_{t}$ such that
(1) $\gamma_{0}=\gamma$
(2) $L\left(\gamma_{i+1}\right) \leq L\left(\gamma_{i}\right)$ for all $i \in \mathbb{N}$,
(3) A subsequence of the curves $\gamma_{i}$ either shrinks to a point or converges on a closed geodesic.
(4) The number of self-intersections of $\gamma_{i}$ does not increase.

## Disk Flow

(1) Cover the manifold with a finite collection of metric balls $\left\{B_{i}\right\}_{i=1}^{n}$ of radius $r<\operatorname{inj}(M) / 2$. Ensure that $\gamma$ is not tangent to any $\partial B_{i}$.

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(2) Consider the curve obtained by replacing each segment of $\gamma \cap B_{1}$ with the unique geodesic segment connecting its endpoints. These segments will only intersect each other if the original segments intersected each other.

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(3) Homotope $\gamma$ to this new curve without introducing new self-intersections.

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(4) Repeat this process with $B_{2}, \ldots, B_{n}$.

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(3) Homotope $\gamma$ to this new curve without introducing new self-intersections.
(4) Repeat this process with $B_{2}, \ldots, B_{n}$.
(5) Repeat the entire above process until convergence.

## Disk Flow





## Modified Disk Flow

## First Modification

Ensure that $B_{1}$ is centred on $p=\partial \Omega_{E}$. At each step in $B_{1}$, we will replace the arc that contains the basepoint $\gamma_{t}(0)$ with two minimizing rays emanating from $\gamma_{t}(0)$.

This ensures that the basepoint remains fixed under the flow.


## Modified Disk Flow

## Second Modification

It is possible for a minimizing geodesic to intersect the two minimizing rays, even if the original curve was simple. When such an intersection occurs, we apply the following homotopy.


## Modified Disk Flow

## Proposition (B. (2022))

Given any closed, simple curve $\gamma$ with basepoint $\partial \Omega_{E}$, we can produce a homotopy $\gamma_{t}$ of loops based at $\partial \Omega_{E}$ such that
(1) $\gamma_{0}=\gamma$
(2) $L\left(\gamma_{i+1}\right) \leq L\left(\gamma_{i}\right)$ for all $i \in \mathbb{N}$,
(3) A subsequence of the curves $\gamma_{t}$ either shrinks to a point or converges on a (locally length-minimizing) closed geodesic $\gamma_{\infty}$.
(1) Each $\gamma_{t}$ only intersects itself at $p$, and it only does so non-transversely.
(0) The loop $\gamma_{\infty}$ is prime (i.e., it is not given by iterating another loop).

## Modified Disk Flow

## Important Fact

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The loop $\gamma_{\infty}$ is prime (i.e., it is not given by iterating another loop).
(1) If $\gamma_{\infty}$ was an iteration of a prime loop $\eta$, we must have $\gamma_{\infty}=\eta^{k}$ for some $k$ because $\gamma_{\infty}$ is locally-length minimizing (i.e., we cannot have $\eta *-\eta$ as a subarc).

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(2) Because each only intersects itself non-transversely at $p$, the only possibility is $k=1$ and hence $\gamma_{\infty}=\eta$ is prime.

## Extending the Disk Flow to Sweepouts

For continuous families of curves, we cannot ensure that there are no curve tangent to the boundary of a disk. If a tangency occurs, we fill in the "gaps" with a homotopy.


## Pulling Tight

We finish by applying the curve shortening flow to our two sweepouts. We cannot obtain an iterated loop, so either the two loops have distinct images or they are equal.

If these geodesic loops are distinct, we are done. Otherwise, use Morse theory to find an entire critical-level of geodesic loops.

## Result

Combining everything, we have:

## Proposition (B. (2022))

The space $\left(\Omega_{E}, g_{E}\right)$ has two distinct geodesic loops based at $p=\partial \Omega_{E}$ of bounded length, e.g., with

$$
L \leq 1328 \sqrt{\operatorname{area}\left(\Omega_{E}\right)}+4 \operatorname{diam}\left(\Omega_{E}\right)
$$

Consequently, the associated Hamiltonian system on $(M, g)$ has two distinct brake orbits of energy $E$ with bounded length.

## Section 4

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